



NandGhar Programme Chhattisagrh



MONTHLY PROGRESS REPORT JANUARY-2023

JanMitram
(Friends of People)
O& M Partner



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OPERATIONS AND MAINTENANCE

Nand Ghars in Balod, Bemetara, Durg, Kabirdham, Korba and Raipur Districts of Chhattisgarh

Introduction:

- ✓ Project Duration: 1st September 2021 to 31st August 2022 (First Year Phase Completed)
- ✓ Project Duration: 1st September 2022 to 31st August 2023
- ✓ No. of sanctioned Nand Ghars- 400
- ✓ No. of Operational Nand Ghars- 262

#	District	Block	Number of Nand Ghars
1	Raipur	Abhanpur	26
		Dharsiva	20
		Aarang	07
2	Bemetara	Saja	25
3	Kabirdham	Kabirdham	13
		Bodla	06
		S. Lohara	06
4	Korba	Korba	32
		Katghora	01
5	Durg	Patan 1 & 2	101
6	Balod	Dondilohara	24
		Gurur	01
Total			262

This is the fifth month of second year cycle. Complete list of updated staff deployed in Nand Ghars are mentioned below:-

#	District name	Operational Nand Ghar	Staff deployed
1	Balod	25	05
2	Bemetara	25	05
3	Durg	101	15
4	Kabirdham	25	05
5	Korba	33	06
6	Raipur	53	09
Total		262	45



EXECUTIVE SUMMARY:

The purpose of the project is to not only upgrade the infrastructure of 400 Nand Ghars but also to improve pre-school education, skill development of women and delivery of nutrition and health care in a better way. This is our fifth report and we are proud to proclaim that we are continuing our best to organize as many activities as we did in last 05 months. Our field staff made themselves familiar with the project activities, the concerned staff, the community and beneficiaries of the project are now well aware of the monitoring activities and it is reported that field staff are getting regular supports from the communities as well. Each month there is new energy to start with. This month we have conducted **Makar Sankranti** and **Republic Day Celebration** with positive energy. Following table presents the highlights of the month January 2023:

Highlights

Achievements of the month- January 2023

- ✓ Focus on health aspects in January are covered.
- ✓ Training on capacity building was provided by Janmitram to provide more clarity on **various heads of the programme**.
- ✓ Alignment of Animal welfare is started followed by 02 successful Animal Health Camps at Balod and Durg.
- ✓ 2973 number of visits made by our CCs at Nand Ghars during this month through Nand Ghar Mobile App V.1.4.10.
- ✓ 262 numbers of trainings has been organized for the inculcation of hand wash and watering the toilet habit.
- ✓ 262 number of PTM has been organized during this month.
- ✓ 262 Number of Nand Ghar Committees meetings conducted.
- ✓ The asset profiling is completed and 0 theft reported at 262 Nand Ghars.
- ✓ 100% Children profiling in each Nand Ghar (averaging 40 each in NG) is completed.
- ✓ 262 Whats app groups are successfully running and E-learning is being shared regularly on every Monday followed by interaction with children.
- ✓ Celebrated **Republic Day** at 80 Nand Ghars across 06 districts.
- ✓ Celebrated **Makar Sankranti** at 43 Nand Ghars across 06 districts.
- ✓ 262 Kitchen Gardens have been successfully established by the efforts of field staff, this month we had taken care of 19 NGs where Kitchen Garden is located.
- ✓ In 20 Nand Ghars government linkage of 316 eligible women took place last month.
- ✓ 04 health camps were organized this month.
- ✓ Addition of **Note cam and Live Location feature** is added for accuracy in field monitoring.



CHAPTER-I

MONITORING AND PROFILE

B1 Visiting and monitoring each Nand Ghar at least every alternate day by mobile app

In month of January a total of 2973 visits were made at 262 NGs. Details are given below in the table:

#	District name	Nand Ghar	Total monitoring
1	Balod	25	309
2	Bemetara	25	332
3	Durg	101	1144
4	Kabirdham	25	322
5	Korba	33	509
6	Raipur	53	412
Total		262	2973



This month an updated version of *Nand Ghar App (1.4.10)* was used for monitoring

Installation of Assets:

The valuable assets such as TV at 201 Nand Ghars in Balod (25), Bemetara (25), Durg (101), Kabirdham (25) and Raipur (25) are provided by Vedanta Foundation and Pen drive are available in 126 NGs in Durg and Balod. TVs are also successfully installed in these 201 NGs. Valuable assets are also insured with The New India Assurance Pvt. Ltd. with Fire and Burglary. Following table presents the glimpse of security of assets in Nand Ghars-

#.	Name of the district	NGs	Status of insurance	Remarks
1	Balod	25	25 insured	Fire and Burglary
2	Bemetara	25	25 insured (Renewed in Jan-2023)	Fire and Burglary
3	Durg	101	101 insured	Fire and Burglary
4	Kabirdham	25	25 insured (Renewed in Jan-2023)	Fire and Burglary
5	Korba	33	0	33 assets need to be installed
6	Raipur	53	25 insured (Renewed in Jan-2023); 28 does not have TV	Fire and Burglary (25)
		262	201 insured	61 assets need to be installed in 61 NGs

This month January we have renewed the insurance for 75 assets located in Bemetara, Kabirdham and Raipur district hence, we have claimed under this head for 75 NGs only.



C-6 Asset security and maintenance:

There was no any theft reported in Nand Ghars in past 17 months. This is because of the involvement of Nand Ghar Committee Meetings at regular intervals. Available infrastructure is listed as below:

#.	Name of the district	BaLa	Fan	Blub	Furniture	Water source	TV	Pen drive	Utensils
1	Balod	25	25	25	25	25	25	25	25
2	Bemetara	25	25	25	25	25	25	00	25
3	Durg	101	101	101	101	101	101	101	101
4	Kabirdham	25	25	25	25	25	25	0	25
5	Korba	33	33	33	33	33	00	0	33
6	Raipur	32	53	53	53	53	25	0	53
		262	262	262	262	262	201	126	262



Children of NG-Torla 2 Raipur (above); Odiya 02 Bemetara (below)



C-5 Repair/maintenance of assets in Nand Ghars Relocation/repair of assets:

In this month there was only one Nand Ghar where the assets were repair. List is given below:

C5.Repair and maintenance replacement of assets and consumables

SN	District Name	Name Of CC	AWC Code	Type of repair	Nand Ghar Name	Asset repair in Jan-23
1	Durg	Priyanka Verma	22409080511	Toilet door and leach pit	Nardhi-01	Yes
2	Durg	Priyanka Verma	22409080513	Toilet function	Nardhi-03	Yes
3	Durg	Priyanka Verma	22409080515	Toilet door and leach pit	Batang-02	Yes
4	Durg	Priyanka Verma	22409080522	Toilet choaked	Amlidih-01	Yes
5	Raipur	Deepak Chandrakar	22409080508	Electricity Toilet	Aundhi-04	Yes
6	Raipur	Deepak Chandrakar	22409050608	Electricity Toilet	Bharar-03	Yes
7	Raipur	Deepak Chandrakar	22410040709	Electricity and Tap connection work	Subhash Ward-2	Yes
8	Kabirdham	Siyaram	22407010108	Electricity	Paliguda-1	Yes
9	Kabirdham	Siyaram	22407040614	Electricity	Silhati	Yes
10	Kabirdham	Siyaram	22407090417	Electricity	Khara 3	Yes
11	Kabirdham	Siyaram	22407040612	Electricity	Bhibhauri 2	Yes

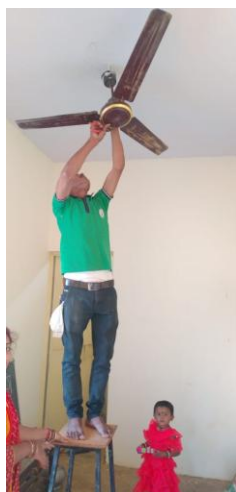


NG-Bhimbhauri, Kabirdham, NG- Batang-02 (Durg) and NG-Khara-3 Kabirdham have had the asset repair done for electricity, Tap conection, toilet choaked repair and electricity, respectively.

NG-Subhash Ward,
Raipur, Electricity work



NG-MPRCG-JKS-JAN-23





NG-Aundhi-01, Durg,
before and after



NG-Bharar-03, Durg,
before and after



CHAPTER-II

EDUCATION

E-learning content and what are app groups

To ensure e-learning and upgrade the scale of education, one what's groups in each Nand Ghar is created. Following table shows district wise what's groups along with total number of parents. A total of 1850 parents are connected through 262 what's groups in different districts. This month no new parents were added to the what's app group.

#	District name	What's app group	Total number of parents
1	Balod	25	210
2	Bemetara	25	128
3	Durg	101	901
4	Kabirdham	25	158
5	Korba	33	280
6	Raipur	53	173
Total		262	1850

Screenshots of few what's groups are given below:



Alternative learning options

Every Monday an alternative learning options either in audio or video are shared in different what's app group by our cluster coordinators. After sharing the content a learning sessions were also conducted to children about the audio or video.



In collaboration with **Sesame Workshop India (SWI)** content of audio and video learning is shared every week. This helps to provide opportunities to children to talk about their feelings and identify and label them. Children often find it difficult to express their feelings in words due to the limited vocabulary they may have. However, children communicate their actual feelings through their behaviors. Therefore, it is important that caregivers observe children's behavior and support them in identifying and labeling their feelings from time to time and we are doing so.



D4 Conducting Parents Teacher Meet (PTM)

262 PTMs conducted this month. 2622 parents attended the meeting. List is given below:

#	District name	No. of NGs	PTM organized	NoS of parents attended meetings
1	Balod	25	25	215
2	Bemetara	25	25	349
3	Durg	101	101	916
4	Kabirdham	25	25	264
5	Korba	33	33	361
6	Raipur	53	53	237
Total		262	262	2622



Number of enrollments of children of age 0-6 years is different in each district. It has been conveyed and as per SOP 75% attendance is mandatory in all NGs. Total 13135 children of age 0-6 are enrolled in 262 NGs. Following table shows detailed listing of children enrolled and attendance in month of January. Average attendances recorded across all NGs are **77.62%**.

#	District name	No. of NGs	Total children enrolled	Ave.attendance this month	Ave. % attendance
1	Balod	25	1012	762	75.30 %
2	Bemetara	25	1816	1402	77.92 %
3	Durg	101	4255	3308	80.19 %
4	Kabirdham	25	1260	979	77.70 %
5	Korba	33	2680	2098	76.12 %
6	Raipur	53	2112	1602	78.50 %
Total		262	13135	10151	77.62 %



CHAPTER-III

HEALTH

This month in collaboration of Health Dept we were able to organize 04 health's camps across 02 districts. These health camps were organized with health department of respective villages. Details are given below:

#	Date of Health camp	District name	Name of NG	Total no of beneficiary	Organized by
1	06.01.2023	Durg	Achankpur-02	95	BMC Raipur
2	10.01.2023	Bemetara	Hardua-02	37	Health Dpt
3	10.01.2023	Bemetara	Basin 2	36	Health Dpt
4	07.01.2023	Durg	Achankpur-0	67	BMC Raipur
Sub-total		02 districts	04 NGs	235	

The beneficiaries mentioned above in the table include women and child followed by less numbers of old aged people. The teams of doctors and support staffs were well entertained by our field staffs. A good media coverage due to COVID issues could not conducted post the health camps.



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Animal Welfare and Animal Health Camps

This month we aligned this programme towards Animal Welfare by conducting 02 Animal Health Camps at Balod and Durg. Helath Camp was successfully obliged by the villagers and animal stakeholders.

#	Date of animal Health camp	District name	Name of NG	Total no of beneficiary	Organized by
1	17.01.2023	Bemetara	Hardua	95	Dpt. Of animal husbandry
2	18.01.2023	Durg	Magerghatta 1	263	Dpt. Of animal husbandry
Sub-total		02 districts	02 NGs		



Animal Health Camp_Kapsi_Bemetara_17.01.2023



Animal Health Camp_Magerghatta_Durg_18.01.2023



C3 3rd Party water testing for microbial, chemical and toxins levels

This month we have conducted 3rd party water testing for microbial and chemical toxin levels in 136 NGs covering 04 districts. Reports are submitted in the claim sheet.

S. No.	Name of the district	Water testing conducted this month
1	Balod	00
2	Bemetara	25
3	Durg	00
4	Kabirdham	25
5	Korba	33
6	Raipur	53
Total		136



C4 Availability of water at all Nand Ghars

Drinking water is available in all NGs. This month, no issues arose in terms of water facilitation however, few NGs found where electricity issues or small maintenance was required. Our teams have readily done it with help of community. Water is available as and when it is required in all NGs.

S. No.	Name of the district	Water available in Nand Ghars
1	Balod	25
2	Bemetara	25
3	Durg	101
4	Kabirdham	25
5	Korba	33
6	Raipur	53
Total		262



G1 Implementing WASH programme to ensure toilet training, hand washing, wearing of slippers while going to toilet

Wash programme is a mandatory activity in all Nand Ghars. As per the WHO standards there are 07 steps of Hand Wash the recommended hand washing time is at least 20 seconds, following are the 07 steps given below for hand washing:-

Step 1: Wet Hands.

Step 2: Rub Palms Together.

Step 3: Rub the Back of Hands.

Step 4: Interlink Your Fingers.

Step 5: Cup Your Fingers.

Step 6: Clean the Thumbs.

Step 7: Rub Palms with Fingers.



Toilet training to children of Nand Ghars



G2 Strengthening of existing government system (Immunizations, ANC, PNC, referrals facilitate)

Every second Tuesday in a week, a regular health check up and vaccination is regularly conducted in each Nand Ghar. This month, 980 children and 712 women got vaccinated across 262 Nand Ghars in all 06 districts. Details are given below:

Details of Immunization done in reported month is summarized as below

#	Name of the district	# of Nand Ghar where vaccination is done	# of children vaccinated	# of women vaccinated
1	Balod	25	113	58
2	Bemetara	25	122	64
3	Durg	101	312	262
4	Kabirdham	25	76	71
5	Korba	33	207	140
6	Raipur	25	150	117
	Total	262	980	712



ANC_Tendo_Bemetara



ANC_Mudapar 2_Korba



ANC_Agrikhurd_Bemetara



ANC_Jinda_Kabirdham



CHAPTER-IV

NUTRITION

D 7 Strengthening of existing nutrition systems (पाक कला प्रशिक्षण)

To enhance nutrition quality and strengthening existing nutrition system field staff of all districts were not limited to monitoring and conducting meetings in Nand Ghar but they were bound to provide necessary skills and training to AWW and members of committee members towards upgrading the nutrition quality. Hence, at all 262 NGs we have put efforts towards strengthening existing nutrition system. Details are given below:

#	Name of the district	# of Nand Ghar where nutrition is strengthened	# of beneficiaries
1	Balod	25	250
2	Bemetara	25	252
3	Durg	101	992
4	Kabirdham	25	214
5	Korba	33	300
6	Raipur	25	214
	Total	262	2222



Strengthening nutrition system_Raigarh_Balod



Strengthening nutrition system_Shitla ward_Raipur



C1 Kitchen garden developed at Nand Ghar

To strengthen the nutrition system concept of developing Kitchen Garden is unique. We have identified few places either near to Nand Ghar or besides beneficiary house to develop nutrition garden. So far, we have developed/identified kitchen garden in 19 NGs (Claim for updation in Korba 19 NGs only)

S. No.	Name of the district	Total No. of NGs	Kitchen Garden Developed in NG/village	Previous months claims (Sep-22 to Dec-22)	This month claim (Jan-23)
1	Balod	25	25	25	00
2	Bemetara	25	25	25	00
3	Durg	101	101	101	00
4	Kabirdham	25	25	25	00
5	Korba	33	33	14	19
6	Raipur	53	53	53	00
Total		262	262	243	19



Kitchen Garden at NG Pingle 1_Balod



Kitchen Garden at NG Loharatola





Kitchen Garden developed at various NGs in all districts



CHAPTER-V

COMMUNITY ENGAGEMENT

H1 Linkage of all eligible women in at least 02 government schemes

This month we were able to link 316 women beneficiaries in existing government schemes such as *Noni Suraksha Yojna*, *Sukanya Samridhhi*, *aadhar card*, *matritv vandna*, *voter id etc.* These government linkage took place in 20 Nand Ghars of Raipur

#	Name of the district	No. of NGs	# NGs where gov	# beneficiaries
1	Balod	25	00	00
2	Bemetara	25	00	00
3	Durg	101	00	00
4	Kabirdham	25	00	00
5	Korba	33	00	00
6	Raipur	53	20	316
		262	20	316



Government Linkage_form filling Raipur



Government Linkage (Noni Surksha Yojna Certificate)_Nawagaon_Raipur

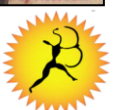


Home visits and NGC meetings

We have covered plenty of house visits and conducted 262 NGC meetings in 262 Nand Ghars. These committee meetings ensure security of assets and also beneficial for supervision of quality of Nand Ghar. Few images are given below:



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CHAPTER-VI

COMMUNITY COVERGANCE

For the community convergence we have successfully helped convergence in 37 NGs across all six district.

In Reporting period prominent convergence done in the month is shown in pictures



Following table shows the district wise convergence amount this month

#	Name of the district	Convergence done in	Type of convergence	Convergence amount (approx)
1	Balod	05	Water Tank	1,00,000
2	Bemetara	03	Electricity, small damages	20,000
3	Durg	12	Water Tank, Boundary wall, water purifier	1,00,000
4	Kabirdham	10	Electricity and leach pit, borewell	1,50,000
5	Korba	02	Pipe connection	30,000
6	Raipur	07	Water Tank	60,000
		37	Water Tank, electricity, water purifier	4,60,000/-



CHAPTER-VII

ORGANIZATION OF SPECIAL EVENT

Republic day was celebrated in 61 Nand Ghars at 06 districts. Various activities were carried out but in limitation due to COVID scare but flag hosting was conducted peacefully followed by the events like fancy dress, poem, extempore were organized for children and sweets were distributed to children and communities leaders. Detailed lost are given below:-

#	Name of the district	No. of NGs	# NGs where Republic Day Celebrated	# participants
1	Balod	25	07	120
2	Bemetara	25	08	131
3	Durg	101	24	446
4	Kabirdham	25	04	122
5	Korba	33	10	149
6	Raipur	53	10	118
		262	61	1086



Makar Sankranti Celebration was celebrated on 14 January 2023 was celebrated in 43 NGs across 06 districts. Activities like *Kite flying, dish making, poem, drawing, rangoli, extempore* and *fancy dress* and *chair race* was organized between the children. Those children who were among the best were also given honarium and gifts. Details are given below:-

#	Name of the district	No. of NGs	# NGs where Makar Sankranti Celebrated	# participants
1	Balod	25	04	80
2	Bemetara	25	04	68
3	Durg	101	18	159
4	Kabirdham	25	04	60
5	Korba	33	05	75
6	Raipur	53	08	192
		262	43	634







Attendees in Award ceremony_Durg



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CHAPTER-VIII

NEWS AND MEDIA

Coverage of health camps were covered through print media and digital media. Snapshots are given below:

देवादा नंदघर में कैंसर एवं सामान्य रोग परामर्श शिविर का आयोजन

By news24carate June 25, 2022

52 0



पाटन। वेदांता समूह के अनिल अग्रवाल फाउंडेशन द्वारा संचालित नंदघर परियोजना (एक सामाजिक पहल) ने आज एक नए आयाम को स्थापित किया। जिसमें बालको मेडिकल सेंटर रायपुर के तत्वाधान में दिनांक

25/06/2022 को दुर्ग स्थित नंदघर देवादा क्रमांक 01 वि. ख. पाटन में नि.शुल्क कैंसर एवं सामान्य रोग परामर्श शिविर का आयोजन किया गया। उक्त आयोजन का उद्देश्य महिलाओं एवम पुरुषों में कैंसर के लक्षण व रोकथाम के विषय में विशेष जानकारी देना था। उक्त शिविर में डेंटल परामर्श के अतिरिक्त बीपी शुगर तथा सामान्य स्वास्थ्य चिकित्सा परामर्श भी उपलब्ध थे। उक्त स्वास्थ्य शिविर में बालको मेडिकल सेंटर से डॉक्टर वेणुगोपाल, डॉक्टर शिवानी एवं डॉक्टर पवन द्वारा कैंसर स्क्रीनिंग की गई एवम अन्य मरीजों को उपयोगी स्वास्थ्य परामर्श भी दिया गया।



16:21 73%

आमापेंड्री के नंदघर में पशु स्वास्थ्य शिविर का आयोजन किया गया

January 20, 2022 / news24carate / 0



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पाटन। वेदांता समूह के अनिल अग्रवाल फाउंडेशन और नन्द घर परियोजना के परिचालन और अनुरक्षण पार्टनर जनमित्रम के संयुक्त तत्वाधान में दुर्ग जिले में क्रियान्वित 101 नंदघरों में लगातार शिक्षा, स्वास्थ्य, पोषण और सामुदायिक प्रबंधन में लगातार अच्छा कार्य किया जा रहा है। इसी तारतम्य में एक उन्नत दिशा में कदम उठाते हुए पशु देखभाल (एनिमल वेलफेयर) की ओर रुख करते हुए दिनांक 19.01.2022 को दुर्ग स्थित आमापेंड्री नंद घर में निशुल्क पशु स्वास्थ्य शिविर का आयोजन किया

इस स्वास्थ्य शिविर में पशु पोषण आहार संबंधित जानकारी, खुराक चपका, जोड़ों में सूजन, गर्भपात, प्लेसेंटा का रुकना, मुंह और जीभ में छाले, धन में घाव, ब्रूसेल्लोसिस रोग आदि पशु जन्य रोगों के बारे में जानकारी दिया गया और साथ ही साथ ब्रूसेल्लोसिस का टीका 4 से 6 माह के बछड़े को लगाया गया। इस कार्यक्रम में पशु चिकित्सा अधिकारी डॉ. आर कश्यप, डॉ. गजानन कॉमडे, ईश्वर साहू, तेजनाथ देवांगन, डॉक्टर सावित्री सोनी, डाक्टर हीरू पाटिल शामिल हुए। इस शिविर में 30 किसानों के लगभग 200 से 266 पशुओं का उपचार किया गया। व शिविर में शामिल वे लोगों को मास्क वितरण किया गया।

उक्त शिविर में नंद घर परियोजना के प्रोग्राम ऑफिसर जय जॉर्ज जिला कार्यक्रम प्रबन्धक धर्मेन्द्र साहू, क्लस्टर समन्वयक मलेश्वर बंजारे, रिंकी साहू उक्त कार्यक्रम में उपस्थित रहे और इनकी अहम भागीदारी रही।

पत्रिका सिटी & हाइ

न्यूज 2

मिनट में... सिटी बीफ

नंदघरों में पशु स्वास्थ्य शिविर

सेलुड वेदांता समूह के अनिल अग्रवाल फाउंडेशन और नंदघर परियोजना के परिचालन और अनुरक्षण पार्टनर जनमित्रम के संयुक्त तत्वाधान में दुर्ग जिले में 101 नंदघरों में लगातार शिक्षा, स्वास्थ्य, पोषण और सामुदायिक प्रबंधन में लगातार अच्छा कार्य किया जा रहा है। पशु देखभाल (एनिमल वेलफेयर) की ओर रुख करते हुए आमापेंड्री नंदघर में निशुल्क पशु स्वास्थ्य शिविर का आयोजन किया गया। शिविर में पशु पोषण आहार संबंधित जानकारी, खुराक चपका, जोड़ों में सूजन, गर्भपात, प्लेसेंटा का रुकना, मुंह और जीभ में छाले, धन में घाव, ब्रूसेल्लोसिस रोग आदि पशु जन्य रोगों के बारे में जानकारी दिया गया। पशु चिकित्सा अधिकारी डॉ. आर कश्यप, डॉ. गजानन कॉमडे, ईश्वर साहू, तेजनाथ देवांगन, डॉक्टर सावित्री सोनी, डाक्टर हीरू पाटिल शामिल हुए। शिविर में शामिल लोगों को मास्क वितरण किया गया। उक्त शिविर में नंदघर परियोजना के प्रोग्राम ऑफिसर जय जॉर्ज जिला कार्यक्रम प्रबन्धक धर्मेन्द्र साहू, क्लस्टर समन्वयक मलेश्वर बंजारे, रिंकी साहू की अहम भागीदारी रही।

@ देवादा

नंदघर में कैंसर एवं सामान्य रोग परामर्श शिविर लगाया

सेलुड @ पत्रिका . वेदांता समूह के अनिल अग्रवाल फाउंडेशन से संचालित नंदघर परियोजना ने एक नए आयाम को स्थापित किया, जिसमें बालको मेडिकल सेंटर रायपुर के तत्वाधान में शुक्रवार को ग्राम देवादा में नि.शुल्क कैंसर एवं सामान्य रोग परामर्श शिविर का आयोजन किया गया। शिविर में डेंटल परामर्श, बीपी शुगर और सामान्य स्वास्थ्य परामर्श भी दिए गए। डॉक्टर वेणुगोपाल, डॉक्टर शिवानी एवं डॉक्टर पवन ने कैंसर स्क्रीनिंग, मरीजों को अन्य स्वास्थ्य परामर्श दिया। बायो ग्राउंड टीम से ताम्रध्वज साहू, नेहा भीम, संतोष देवांगन, विष्णु देवांगन, उर्वशी वर्मा, ब्लाक काउंसिलर कमेटी अध्यक्ष महेंद्र वर्मा, ममता का अहम योगदान रहा।



CHALLENGES:

1. To enhance qualitative work in Education, Health and Nutrition in Nand Ghars.
2. To continue good rapport with the community and convince them about the services being given in Nand Ghar for their benefit and encourage them to take the lead.
3. Convince the parents of the 0-6 year's children to send them to Nand Ghar and register them to avail the Nand Ghar services.
4. To make them understood why Nand Ghar? How it is different from the Angnawadi? What is the different between services being rendered and why it is more beneficial for them?
5. Operation of MHV in Korba and Durg is started. Regular monitoring to be followed
6. To ensure the early registration of pregnant mothers so that all the designated services may be given to them on time e.g. 3 check-ups during the pregnancy period etc.
7. To convince the community and pregnant women and their families to keep gap of at least 3 years in the birth of next child.
8. To develop 100 % kitchen garden in each and every Nand Ghar.
9. To organize successful health camp in each village of the program area.
10. To reduce the level of malnutrition in the enrolled beneficiaries of Nand Ghar.

पशुधन विकास विभाग

विकास खण्ड - डोण्डीलोहारा, जिला - बालोद (छ.ग.)

पशु पोषण आहार संबंधित महत्वपूर्ण जानकारी

पशुओं का आहार नियत करना (शरीर भार के आधार पर)

1. शुष्क पदार्थ की मात्रा देना

(अ) सूखी भैंस, गाभिन गाय	2.5 कि.ग्रा. प्रति 100 कि.शरीर भार
दूध वाली गाय	2.5 कि.ग्रा. प्रति 100 कि.शरीर भार
(ब) दूध वाली भैंस	3.0 कि.ग्रा. प्रति 100 कि.शरीर भार
(स) सूखी गाय	2.0 कि.ग्रा. प्रति 100 कि.शरीर भार
(द) बछिया/बछड़ा	1.5 कि.ग्रा. प्रति 100 कि.शरीर भार

2. शरीर की सुरक्षा के लिए दाना देना

(अ) गाय	01 किलो ग्राम प्रतिदिन
(ब) भैंस, सांड, बैल	1.5 किलोग्राम प्रतिदिन
(स) बछिया/ बछड़ा	0.5 किलोग्राम प्रतिदिन

3. उत्पादन या कार्य के लिए दाना देना

(अ) गाय को 3 लिटर दूध पर	01 किलोग्राम दाना
(ब) भैंस को 2.5 लिटर दूध पर	01 किलोग्राम दाना
(स) बैल का कार्य के आधार पर -	
साधारण कार्य	01 किलोग्राम दाना
औसत कार्य	1.5 किलोग्राम दाना
भारी कार्य	2.0 किलोग्राम दाना

(द) सांड को 1.5 से 2.0 किलोग्राम दाना

दिए गये दाने में लगभग 16% DCP व 70% TDN होना चाहिए



MONITORING AND EVALUATION BY ADMIN

It is always needed to counter check ongoing activities in Nand Ghars hence, following checklist were prepared and visits of programme officer was conducted in all 06 districts:

- ❖ Checking of profiled number of beneficiaries in app which should be matched by AWW record. Profiled ones should have the photo of beneficiary.
- ❖ Quality improvement in MoM.
- ❖ How to promote green belt
- ❖ Meetings with community stakeholders.
- ❖ More clarity over various heads of the programme.



Meeting with CC in Durg Office



Checking of profiling in Uperwara_Raipur



Way forward and next month's plan

The improvements we have planned and will be executed from the next month are as follows:

1. **Baseline survey** and need assessment survey is completed in this month to know the exact requirements of the Nand Ghar in all the 6 districts of the project area. Analysis is ongoing.
2. **Infrastructure:** We have planned and assigned the work to all the CCs to find out how much assets items are available and how many are needed in the Nand Ghars so that demand may be put before you accordingly. Nand Ghar Committees are formed for the security of those assets.
 - To update asset register in each and every Nand Ghar.
 - To find out the possibility of convergence at each Nand Ghar.
 - Water lab testing
 - Pest control activities
 - To ensure food testing as per schedule at each Nand Ghar.
3. **Health & Nutrition:**
 - Collection of all the data required for the health assessment of NG children and mothers.
 - Collection of complete data for THR distribution
 - Collection of accurate data for the vaccination/immunization of children/mothers
 - Meeting in the district Raipur, Bemetara, Kabirdham and Korba to initiate MVH services
 - Organization of VHSND at planned Nand Ghars
 - Organization of MCHN day at each Nand Ghar
 - Organization of training of mothers for the preparation of new recipes
 - Establishment of kitchen gardens at planned Nand Ghar
4. **Education:**
 - To bring a sizable improvement in the enrollment at each Nand Ghar for the children
 - To keep alive the WhatsApp activities and regular interaction with the parents
 - Organization of regular WASH sessions at each Nand Ghar and encouragement for the peer support to inculcate hand wash among the children and use of sleepers when going to toilets
 - Capacity building of NG staff and organization of various training session to enhance their knowledge e.g. on early childhood education.
 - Organization of regular PTM and invite the suggestions of parents for providing better services at Nand Ghars
 - Boost the morale of NG staff to work in a better way to get rewards as we have set category and criteria for the same.
 - To ensure regular hand holding to Nand Ghar workers and Sahayika for effective delivery of ECCE as per ICDS curriculum.
5. **Community engagement:**
 - We have planned and advised our CCs to form youth groups and women's group and organize meeting with them to address community issues, expanding the reach of the program and eventually becoming the project brand ambassadors in their respective villages.
 - Award and Adherence ceremony will be conducted next month.



Testimonial story on Malnutrition

The concept of Nand Ghar Programme stands on 05 major vertical out of which **Nutrition** is one of the most important vertical to be taken care of. In Chhattisgarh, there are 262 Nand Ghars which are operational in Balod, Bemetara, Durg, Kabirdham, Korba and Raipur district. As per the records maintained by AWW and Cluster Coordinators of these districts a total of 1482 children are categorized into **Moderate Acute Malnutrition (MAM)** and **Severe Acute Malnutrition (SAM)**. This case study is of one of SAM Children of Nand Ghar Dodhipara 2 located in Korba district.

Globally, approximately 33 million children under five years of age are affected by **Moderate Acute Malnutrition (MAM)**, defined as a weight-for-height z-score (WHZ) between -2 and -3, and at least 19 million children under five by severe acute malnutrition (SAM), defined as a WHZ of <-3 .

Severe Acute Malnutrition (SAM) is defined by very low weight-for-height/length (Z- score below -3 SD of the median WHO child growth standards), or a mid-upper arm circumference < 115 mm, or by the presence of nutritional oedema.

According to the 2020 'Vazan Tyohar' (A weight festival that assesses indicators on underweight, undernourished and stunted growth comparing to ideal growth indices), 5.11 lakh children were malnourished in the Chhattisgarh.

We are working for the sake of improvement in child and women development, Aanganwadi worker and helper are assessed in identification of SAM MAM children by measuring weight and height, with comparison with WHO



Home visit of SAM Children in Korba



growth chart. improve child's health. They update

The Cluster coordinators (CC) move every day visit with our beneficiaries, those related to Nand Gha' and get status of their health and nutrition. We are giving suggestions and as per need motivate them, for better and healthy life. In house hold visit our Aanganwadi worker (AWW) and Aanganwadi helper also help us to meet our beneficiaries.

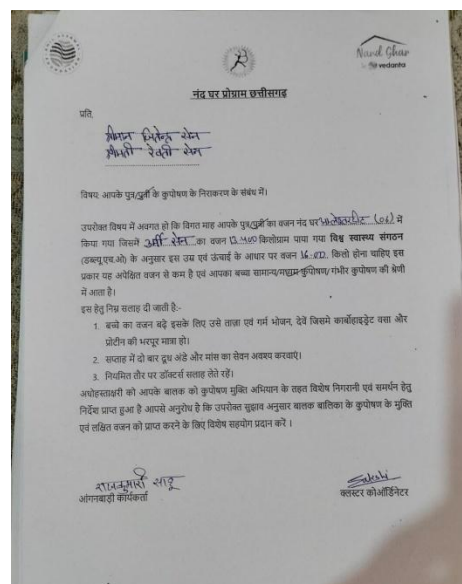
A success story of one of beneficiary is here under:-

Nikhil Yadav, aged 17 month S/o-Bholanath Yadav and Uma Yadav is **SAM child** enrolled in Nand Ghar Dodhipara 2 located in Korba district.

Last October his weight was accounted for 4.5 kg Height- 27.75 inches and Mid Upper Arm Circumference (MUAC)- 15. As per the WHO child growth standards he is categorized into SAM child.

His family is living in urban area of Dodhipara, Korba in this family there are 4 children and all children are malnourished but the case of Nikhil is different. There might be many reasons such as lack of knowledge, family condition etc. However, one of our Cluster Coordinator Deeksha Jaiswal intervene among this family realizing the unawareness of nutrition.

Deeksha, initially informed the parents about nutrition followed by discussions of moderate and severe nutrition. A survey comprising suggestions of better nutrition system was conducted with his family even though it is found that child's health is not improving much. She discussed about the child with AWW and child's parents more frequently. In that discussion all fact came forward, she understood that this might be something different case; that needs more treatment and care. She took initiative, met with one of malnutrition specialist and told the whole situation of that family and child health status. Dr. suggested to bring Nikhil for treatment. Deeksha met this family and talked about children health check up; they



Profarma used for survey of SAM MAM children



told they don't have means to take them to hospital. She took these children by taking self responsibility to Nutrition Rehabilitation Centre (NRC). Dr. checked Nikhil and gives some medicines. Some syrup and protein powder, it will help child to improve his health; so that it will overcome from this malnutrition. It was also suggested that all medicine should be taken timely and with safe cooking.



NRC Admission of Nikhil_Korba

After some time Deeksha (CC) went to take an update of child nutrition status, she found that Nikhil's health has started to improve. She suggested his mother about taking care of nutrition. It felt good to see this improvement of child nutrition; it shows that some small efforts bring large result. Our small efforts could be bring a smile in someone face.



Green Belt Promotion: A Kitchen Garden for beneficiaries

The concept of Nand Ghar Programme stands on 05 major vertical out of which **Nutrition** is one of the most important vertical to be taken care of. Green belt promotion is a facilitation of production of green and fresh vegetables of our own requirements. In Chhattisgarh, there are 262 Nand Ghars which are operational in Balod, Bemetara, Durg, Kabirdham, Korba and Raipur district. Out of which 173 Kitchen gardens have been successfully created either in backyard of Nand Ghar or at the proximity of Nand Ghar. A Kitchen garden is basically built for cultivation in a small area which facilitates the methods of controlling pests and diseases through the removal of affected parts and non-use of chemicals. We believe that this is a safe practice, which does not cause toxic residues of pesticides in the vegetables produced.

Selection of sites for green belt promotion or Kitchen garden

There will be limited choice for the selection of sites for kitchen gardens as most of the Nand Ghars are built in urban areas and each Nand Ghar has not a specific required area which will fulfill the need of promotion of green belt. However, the final choice is usually the backyard of any of Nand Ghar or one of the backyard of the beneficiary. This is convenient as the beneficiary of Nand Ghar can give a constant care to the vegetables during leisure and the wastewater from the waste water which can easily be diverted to the vegetable beds. The size of a kitchen garden depends upon the availability of land and number of persons for whom vegetables are to be provided. There is no restriction in the shape of the kitchen garden but wherever possible rectangular garden is preferred to a square one. With succession cropping and intercropping, five cents of land would be adequate to supply vegetables for an average family of four to five persons. Considering the importance of vegetables, to produce our own vegetable requirements in our backyards using the available fresh water as well as the kitchen concept has emerged. The site selection is usually done by our cluster coordinators with some expert advice from the expertise in agriculture background. The main objective of a kitchen garden is the maximum output and a continuous supply of vegetables for



the table throughout the year. By following certain procedures, this objective can easily be achieved.

A success story of one of productive Kitchen Garden is here under:



Site selection done by: Sakshi, CC, Durg.

Name of Kitchen Garden: Khudmuda-02, Durg

Khudmuda-02 Durg has 98 children beneficiary of age 0-6 and 14 women including pregnant and lactating. In the backyard there was not on enough space for Kitchen Garden, hence, site selection for Kitchen Garden is started in September. At the proximity of Khudmuda Nand Ghar there is a farm of one of the beneficiary of Nand Ghar named Khirmati.

Looking forward for creating a Kitchen Garden the important point under sowing and site selection such as location of perennial plants on one side of the garden, usually on the rear end of the garden so that they may not shade other crops, compete for nutrition with the other vegetable crops. Alos, it was necessary that adjacent to the foot path all around the garden and the central foot path may be utilized for growing different short duration green vegetables like Coriander, spinach, or any other seasonal vegetables etc. The space available in backyard of Khirmati has all the required input which may be necessary for Kitchen Garden it's



the only matter of fact to make Khirmati understand about this Kitchen garden beneficial for the sake of beneficiaries of Nand Ghar of Khudmuda-02. There was so many interactive sessions conducted with Khirmati for convincing her to utilize this resources for Nand Ghar Beneficiaries. Following, a productive sessions with her a beautiful productive vegetable garden/kitchen garden was successfully prepared in November. Seeds for vegetables and labor arrangements were provided by Sakshi through vigorous efforts. Now, in span of 30-35 days green and fresh vegetables are used for Nand Ghar Beneficiaries.



OUR TEAM



**MR. MANISH SINGH, FOUNDER and PRESIDENT
JANMITRAM**



**DR. MUKESH GOSWAMI, FOUNDER and
SECRETARY, JANMITRAM**







JANMITRAM WISHES A VERY HAPPY NEW YEAR 2023

